KINDNESS CAN BE PASSED DOWN FOCUS YOUR KIDS ON HELPING OTHERS (page 12)

'SCHOOL IN A BOX' STUDENTS SEND SUPPLIES TO SIERRA LEONE (page 4)

**DEGRASSI NO SUMMER BREAK** FOR THESE KIDS SCENE (page 9)

**HALIFAX** netra

Monday, July 19, 2010 www.metronews.ca



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### Dykes, Divas step up to the plate

Drag queen Boom Boom swings — and misses — at the annual Dykes vs. Divas softball game on the Halifax Common yesterday. Hundreds of spectators took in the seventh annual game that kicks off Halifax Pride week. **{Story, page 3}** 

#### **Travelling** eco-gnito

Options for environmentally friendly vacations (page 14)

### **Enrique** is euphoric

Latin crooner releases his first bilingual album (page 10)

# Ashpan dies at 95

• Woman was one of the last survivors of the Halifax Explosion Annie Welsh was a toddler in the 1917 blast



One of the last and perhaps, most miraculous, survivors of the Halifax Explosion has died.

Annie Welsh, also known as Ashpan Annie, passed away in a Halifax seniors residence over the weekend. She was 95.

"She was a great survivor. She was a really courageous person," said Janet Kitz, a local historian and author of the 1988 book Shattered City. "Rain, hail or snow she would always come to Fort Needham (for the annual memorial).'

At first the survivors were shy about telling stories about the explosion, Kitz said. "But when they got together, I think it was a bit of a relief to talk and realize

they were very special."
Welsh was only 23 months old at the time of the 1917 explosion, when the French munitions ship Mont-Blanc collided with the Norwegian ship Imo.

Welsh's mother and four-year-old brother were at the window when it blew, levelling their house on Richmond Street.

"It's a wonder I didn't burn. Isn't it funny how things happen?"

HALIFAX EXPLOSION SURVIVOR ANNIE WELSH, 2007

Her mother and brother died, and everything was destroyed except for the stove.

"I was blown into the ashpan and thank God for that, I wasn't burned, but I have a bad burn on my side and on my head," Welsh said back in 2005.

She was discovered 26 hours later, in the middle of an icy post-blast blizzard. Pte. Benjamin Henneberry found the baby underneath an ashpan.

Welsh was later recovered by her grandmother and aunt while they walked through the Pine Hill Convalescent Hospital, when the then-two-year-old began crying out as they passed by.

Welsh endured a battle with colon cancer and lived in the North End. She loved to swim and in January of 2007 she received a lifetime membership at Needham Pool, where she swam three times a week.

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# Dykes, divas hit diamon

The annual Dykes vs. Divas baseball game kicks off Halifax Pride week • More than 500 people packed the bleachers of the Canada **Games Diamond** 



And it's one, two, three dykes, you're out at Halifax annual Dykes vs. Divas baseball game.

For the sixth time in years, Halifax's hottest drag queens have demolished the dykes in the annual Halifax Pride baseball game yesterday.

The divas, equipped with push-up bras, seveninch heels and fishnets, dazzled their team to a 16-9 victory over the dykes.

The divas had a rough start, lagging behind the lesbians 6-0 heading into the fourth inning. But it was their lack of interest in the game that led them to victory.
"Who cares? We don't



care. It's all about entertaining the crowd," said local drag queen Boom Boom just after manning second base from a lawn chair sheltered from the sun by a large tiger lily umbrella.

"They like to play base-ball, we don't, we only do this for brunch," said the all-star, who has participated in six games.

Other team veterans included Elle Noir, who conducted a costume change after each inning, and EurekaLove, who entertained the crowd as an announcer.



## Motors running for Quinpool cruise

Patrons got revved up for the Quinpool Cruise yesterday. The annual automotive exhibit showcases some of the most prestigious cars of past and present.

## Whoops! Jay Leno calls Nova Šcotia a country

In a recent interview with Halifax-born actress Ellen Page, Jay Leno poked fun at the Inception star for mentioning her hometown too

But that didnt stop Leno from thinking Nova Scotia was a country.

"I talk about it so much that friends get mad," said

'They find it kind of annoying, because they're always commenting on how much I talk about Halifax.'

In the June 15 interview. Leno asked Page to name three fun facts about Hali-

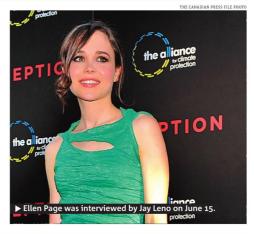
Page managed to get two: the most bars per capita in North America, and the second largest icefree harbour in the world.

"Is the country just small, so the harbour looks big?" quipped Leno, apparently oblivious to the fact that Nova Scotia is but a province in a larger nation. "That could be it," re-

sponded Page.

Perhaps Leno was referring to Canada as being small, not Nova Scotia. But surely he couldn't think his northern neighbour, the second largest land mass in the world, is petite. Surely.

ALEX BOUTILIER



#### Dexter, Graham set to make 'powerful' announcement

Nova Scotia Premier Darrell Dexter and New Brunswick Premier Shawn Graham will be in Fredericton tomorrow to make an announcement concerning the two provinces' power

Few details have been re-

leased on the content of the announcement, which will take place tomorrow at 1:30 p.m. and broadcast live over the Internet. Nova Scotia Power recently filed documents with the provinces Utility and Review Board.

ALEX BOUTILIER

#### Dead ID'd in N.B. house fire

Police have identified three people who died in a New Brunswick house fire on the weekend. Graham Lunn, 69, and Launa Lunn, 66. died early Saturday in the blaze, along with Launa Lunn's 83-year-old mother. THE CANADIAN PRESS

## Freed sex offender high-risk: Police

A convicted sexual offend er with a high risk to reoffend has been released.

Roger Edourd Mercier, 41, was released from federal prison after serving his term for sexual assault.

Mercier's release came with multiple conditions, including having no con-



with children under the age of 14.

He is described as a white male, approximately 176 55. pounds, with brown hair and brown eyes.

METRO HALIFAX





News on the move

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On the web at metronews.ca



volunteer in Zambia learns how to say "I lost my wallet" in the native tongue. More online at etronews.ca /blogs





# 'School in a box' bound for Sierra Leone

Dalhousie student sends supplies to Sierra Leone Fills container with help from high school students



In a few short weeks, Dalhousie student McCollins Jones will be returning home to Sierra Leone to see his dream realized.

Jones is the driving force behind School in a Box, a program which will outfit a school in his native land.

A container loaded with computers, sports equipment, shoes, books, clothing and bedding was shipped out yesterday and is expected to arrive in Freetown in mid-August.

The Science and Management student has been working towards this moment since arriving in Canada in 2005 He collected donations the old fash-

#### Two schools

- The donations collected by McCollins Jones will outfit two schools in Sierra
- One school is in a village outside of the city where Dalhousie alumni Rugi Jalloh has a connection.
- The other is the Lawab-Boyd Elementary School in Freetown.

ioned way, by asking peo-

Jones says he can't wait to see the impact he's made on more than 400 students.

"I just can't wait to see their faces," he said. "I feel that I am making my own contribution towards the development of the coun-



# Scientists finding new species off N.L. coast

Researchers are getting a first-ever glimpse of the watery depths off New-foundland and Labrador, seeing species that are likely new to science and collecting data that could unlock centuries-old mys-

teries of the sea.

The team from three Canadian universities and a Spanish institute is looking at life three kilometres below the surface and have

found sponges and other species clinging to steep cliffs never seen before.

Ellen Kenchington of the Bedford Institute of Oceanography in Halifax said biologists are using a submersible robot to beam up images of tulip-shaped sponges, delicate pink stars and feathery organisms. "It's been really spectacular," she said from her office at the institute, as

pictures from the robot streamed on her computer. "It's really changing our perception of the diversity that's out there ... We're seeing new species in deeper waters."

The 20-day mission is being carried out near the Sable Gully marine pro-tected area, the Flemish Cap and the Orphan Knoll until the end of the month. THE CANADIAN PRESS

#### Under the sea

Marine biologists from Halifax, St. John's, N.L., and Quebec are doing a variety of research projects aimed at getting a handle on what life forms lay below, how they're affecting water currents and if they could explain what the ecosystem was like

hundreds of years ago.

► Using a remotely operated vehicle with manneuvrable arms, they've already captured samples or images of prehistoric-looking deep-sea cucumbers. bright pink starfish, leggy sea pens and tall organisms that look like denuded trees.

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The remote-operated robot being operated by crew aboard the Canadian Coast Guard ship Hudson is allowing the crew to go about 500 metres deeper than they have before — to about 3,000 metres.



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NOVA SCOTIA



#### **News in brief**

#### Hogweed in HRM's sights

PLANT. The Halifax Regional Municipality has issued a Request for Proposal to remove all gi-ant hogweed identified as being on HRM proper-

A landscape contractor will begin removing the weed at the end of next week. The municipality is asking residents to call 490-000 if they have spotted the weed on HRMowned property.

#### Arrest made in Westphal theft

BREAK-IN. RCMP have made an arrest in connection to a robbery last month in Westphal.

On June 20, a suspect broke into Lovetts General Store on Main Street, stealing cash, lottery tickets and hunting paraphernalia. Fingerprints were later traced to break-and-enter tools RCMP believe were used in the incident.

An 18-year old appeared in Dartmouth Provincial Court on Friday. • METRO HALIFAX

#### Two face drug charges after police chase

A short chase Saturday night led to two men facing drug charges.

Plainclothes RCMP officers observed a suspected drug deal between two people. One suspect fled on foot, and was arrested after a short chase. The other fled in a vehicle, but was picked up later outside his home. A 20-year-old male is facing charges of cocaine possession. An 18-year-old male is facing charges of trafficking cocaine and ecstasy, as well as fleeing police. • METRO HALIFAX

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# Violence linked to service

# Six per cent of Canadian Forces staff come back with symptoms of PTSD and/or major depression

Military police records describe spousal sexual assault, hitting, shoving and screaming matches on or near Canadian Forces bases — family violence that counsellors link to repeated tours in Afghanistan.

The case summaries offer a rare view of tensions and conflict that regularly erupt in military homes across the country. They detail 49 incidents from July 1, 2008, to Feb. 1, 2009, in which charges were laid or complaints were deemed as "founded."

Several other reports of assault — physical and sexual — were handled through "alternative" measures or "departmental discretion."

The heavily censored records were released by National Defence eight months after The Canadian Press requested them under Access to Information laws.

#### **Case summaries**

- In January 2009, the RCMP phoned military police at CFB Shilo in Manitoba to inform them a soldier had been arrested for aggravated spousal assault with a weapon, sexual assault and three counts of uttering threats.
- ► In July 2008, a member of the 2nd Battalion, Royal Canadian Regiment, was charged in Oromocto, N.B., for assaulting his commonlaw spouse at their home.
- That same month, military police at CFB Borden answered a 911 call from a woman whose commonlaw spouse was later charged with assault.

Names of suspects and victims were removed and specific dates were blanked out. THE CANADIAN PRESS



Race cancelled because turtles too small to see The 36-year tradition of racing wild turtles found in the nearby Ausable River was halted after the Ministry of Natural Resources responded to complaints about the races and ordered the wild turtles to be returned to the river before the races. The races had to be cancelled after one trial because the replacement turtles, measuring only about five to six centimetres, were too small to move and be visible in the grass.

# Canadian eats-in-orbit idea shelved

After quietly spending more than \$400,000 to develop made-in-Canada meals for astronauts, the federal government has discreetly shelved the program, The Canadian Press has learned.

Only one item ever made it through NASA's food-testing labs and into the astronauts' stomachs: some cream-filled oatmeal cookies known as Canasnacks.

The original idea was to have space-friendly food

kits ready in time for visits to the International Space Station by Canadian astronauts Julie Payette and Bob Thirsk in 2009. The project was officially put on hold after two researchers from Agriculture and Agri-Food Canada decided to move on.

Documents obtained under the Access to Information Act revealed there were delays developing the menu and requests for additional funding.

THE CANADIAN PRES





#### News in brief

## Possible cap leak: Official

GULF OF MEXICO. A U.S. official says scientists are concerned about a seep and possible methane leak near BP's busted oil well in the Gulf. Both could be signs there are leaks in the well that's been capped off for three days.

### **Bodies of three boaters recovered**

The bodies of two young brothers and one middle-aged man have been recovered off Newfoundland's northeastern coast, while a search continued yesterday for one other man who was in the same small boat.

Neil Peet, a spokesman for the coast guard, says

searchers found the bodies of an eight-year-old boy from Twillingate and a man in his 40s.

The body of a 10-year-old boy, the brother of the eight-year-old, was located by search teams early in the

THE CANADIAN PRESS

#### Still life shuts down autobahn

The average speed of the German autobahn dropped to near zero yesterday as tens of thousands of people sat at a 37-mile table for a cultural celebration titled, appropriately enough, "Still Life."

THE ASSOCIATED PRESS



# Dozens killed in latest Iraqi attack

A suicide bomber ripped through a line of anti-al-Qaida Sunni fighters waiting to collect their paychecks near an Iraqi military base as nearly 50 people were killed in violence west of Baghdad.

The attack is the deadliest this year against the groups that turned against the terror network amid a campaign by insurgents to undermine confidence in the government. Some 150 Sunni fighters had lined up to collect paychecks when the bomber struck, according to witnesses.

THE ASSOCIATED PRESS

# All eyes on BoC's next move

**○** Economist says market rapidly approaching normalcy **○** Predicts key rate could hit 2.5% next year

Canadian investors will look to the central bank's interest rate decision for guidance this week, while U.S. markets are hoping earnings reports from a slew of major companies will help offset some abysmal economic data.

The Bank of Canada is expected to raise its key lending rate by a quarter percentage point tomorrow to 0.75 per cent, another indication that Canada's economic recovery has so far been stronger and faster than in the United States.

An interest rate hike by the Canadian central bank in a move to fight inflationary pressures in the economy could put some pressure on stock markets as they price in "greater odds of follow-up moves through Oc50%
Half of the firms
surveyed by the Bank
of Canada said they
planned to add jobs in
the next 12 months,
according to a quarterly review released last

tober," noted Avery Shenfeld, chief economist at CIBC World Markets.

News earlier this month that the Canadian economy created a whopping 93,200 new jobs in June "more or less put the lid on the question" of whether the central bank would hike interest rates, said Doug Porter, deputy chief economist at BMO Capital Markets.

THE CANADIAN PRESS



### Big plane, bigger hopes

Boeing Co.'s long-anticipated 787 jet touched down on British soil yesterday at the Farnborough International Airshow, the industry's premier event, underlining hopes that the two-year downturn in the aviation and defence industries is nearing a bottom.

# DOLLAR | Natural gas 1,000 cu ft \$4,596 (+28c) Gold contracts \$1,208.30 (+\$1,208.30 (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30 (+\$1,208.30) (+\$1,208.30 (

#### Hong Kong ready to set minimum wage

Hong Kong passed its firstever minimum-wage law Saturday, a rare departure from the wealthy Chinese financial hub's free-market philosophy.

The move was hailed by union workers as a victory

33 Unions are pushing for a rate of 33 Hong Kong dollars (\$4 US) an hour, while business interests want \$24 HK (\$3 US).

for the territory's underpaid working class.

No rate has yet been set, but it appears employers will be required to pay at least \$3 an hour — well short of the rates in the West and low for one of the most expensive cities in the world. The ASSOCIATED PRESS

#### 'We're not perfect,' Apple CEO admits

A perfect iPhone? There's no app for that.

Apple Inc. will give free protective cases to buyers of its latest iPhone to prevent reception problems that occur when people cover a certain spot on the phone with a bare hand.

CEO Steve Jobs apologized Friday to people who are less than satisfied with the iPhone 4, even as he denied it has an antenna problem that needs fixing.

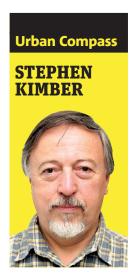
"We're not perfect," Jobs said at a news conference. "Phones aren't perfect."

The more than three million people who've already bought an iPhone 4 can go to Apple's website starting late next week and sign up for a free case, he

THE ASSOCIATED PRESS



## MEMO TRIVIALIZES SERIOUS PROBLEM



What to make of Peter Kelly's Moses memo to members of HRM Council? Thou shalt not drink to excess ... Thou shalt not drive drunk ... Thou shalt call 911 if a fellow councillor violates No. 2 ... Thou shalt pause and reflect ...

ayor Kelly issued his I-regret-I-haveto-write-this-however-circumstanc es-demand-it memo July 9. The ink had barely dried before it showed up in the media, local and national; closely followed by outraged howls from councillors claiming the mayor's broad brush, father-knows-better innuendo sullied what passes

for their reputations; followed by their own temperature-inflating innuendo about who leaked the memo and why; followed by the mayor's

digging-himselfever-deeper defence to reporters that he had once intervened to keep a drunk councillor — no name from driving away from a public

event — no name; followed by ... First question. Do Halifax Regional councillors have a drinking problem? How many? Who?

Metro reporter Alex Boutilier bravely named names — two in a report Thursday. Veteran

city hall watcher Tim Bousquet didn't name anyone but did suggest, in a radio interview, as many as four councillors appear

to overindulge at times; he later refined that to suggest only one probably has a serious drinking problem.

From a personal point of view, one, of course, is too many.

But there are only two legitimate public concerns here. First — is alcohol

interfering with the individual's ability to do the job? Second is the individual endangering public safety by driving drunk?

If the answer to either ques-

tion is ves, councillors face the same wrenching dilemma the rest of us do: How, and how far, to intervene in the personal life of another person.

It's complicated.

As a reporter, I've covered politicians who accomplished more for the public good in one night of drinking than others after a lifetime of sobriety.

Several readers who posted to Metro's website claimed to have seen one councillor drunk at public events and said he drove away after. How many called police? Should councillors — or the mayor — be held to a different standard?

The mayor has raised a serious issue. But his hectoring memo just trivializes it. One more symptom of the sad lack of leadership at city hall.

#### Cartoon



# The deep end of irony

#### Letters **Tweets**

TORONTO. With recent drownings in pools and lakes across the country, people may believe swimming lessons should be something taught within the school system; however, most drowning incidents are due to a lack of common sense. Just because Canadian

schools place a new swimming curriculum in the education system, it will not ensure the lowering of drowning statistics.

If schools did provide lessons, at what age would they begin? The younger they are, the more supervision and help you would need. Consider this — if children were to begin



"But there

are only two

legitimate public

concerns here.

First — is alcohol

interfering with

the individual's

ability to do

the job?"



learning at a later age there would be an increase in younger children as drowning victims since parents may not put them in lessons at an early age and just wait for the curriculum for swimming to take place. If swimming is a skill

the public (specifically parents) believes everyone (specifically children) should know, then so be

There are so many resources to learn how to swim; from private pools or clubs to community

If a city is already providing these programs, it is up to taxpayers to utilize what they are already paying for. KELLY MARK, TORONTO

**Calgary Stampede:** Pro or con?

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## **Metro Minute with Pride flag raising**

Head down to Province House this afternoon and your (rainbow) colours.

As part of Pride week, Public Service Commission Minister Frank Corbett will raise the Pride flag at a ceremony at 3:30 p.m. today.

If it rains, they will hold ceremony inside Province House in the Red Chamber.

Pride week kicked off yesterday with the popular Dykes vs. Divas baseball game on the Halifax Common. This week, there will be dance parties, harbour cruises, songwriters' circle, family picnic and, of course, the main event: The Pride Parade. Halifax's Pride week is the biggest in Atlantic Canada.

METRO HALIFAX





# No summer break for Degrassi students

Teen show's 10th season debuts this week in telenovela format • Still tackling tough issues

We know how the students of Degrassi High are spending their summer vacation: Working!

The show's tenth season debuts today on Teen Nick in the U.S. and Much-Music in Canada, with new episodes airing Monday to Thursday. On Fridays, the network will air a marathon of that week's episodes.

Teen Nick decided that given the popularity of the teen drama about students attending high

school in Toronto, it would be the perfect model to try out a telenovela or soap opera style for-

"(It) allows you to spend more time with all the characters. We think fans are gonna go crazy for it," said Marjorie Cohn, Nickelodeon's president of original programming and development.

The cast and crew were intimidated at first when they heard their series or-der had doubled from 24 episodes to 48. Cohn said.

"They were kind of excited but they needed to think about it," she said. "Once they were sure the quality wouldn't change and that it would be an opportunity I think they really got into it."

One perk is there's freedom in the extra time. Conflicts no longer have to be wrapped up within a half hour and different characters' perspectives

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presented.

"It actually became quite liberating and exciting for my writing team when we realized these opportunities would open up for us," said Degrassi

#### New class

Four new cast members have been added to Degrassi this season.

creator and executive producer Linda Schuyler.

"We're given a chance to kind of delve into our stories a little more deeply," adds actress Charlotte Arnold, who plays Holly J.

Season 10 will continue tackling issues relevant to teens and will even introduce a transgender story

THE ASSOCIATED PRESS

# scene





Pink underwent a checkup at a hospital after she fell off a stage in Germany. THE AS-SOCIATED PRESS

Justin Bieber has supplanted Lady Gaga for the honour of the most-watched video of all time. THE ASSOCIATED PRESS

guitarist Joe Perry was rear-ended by a car while riding a motorcycle last week. THE ASSOCIATED PRESS



## **Networks turn to sprawling big budget miniseries**

With their epic storylines, expansive casts and exploding production budgets, there's nothing mini about the modern TV miniseries.

These days, extravagant multi-night specials have established themselves as crucial for networks eager to lure fickle viewers and define their channel as a home for unique programming, say producers and broadcasters competing for attention.

"It's about giving premium quality programming to the audiences" MICHAEL PRUPAS

Recent spectacles like Steven Spielberg's war epic The Pacific — which reportedly cost \$200 million — and the upcoming \$50-million Canadian co-production The Pillars of the Earth, stem from ongoing efforts to break through an



increasingly tough entertainment landscape, say those in the business.

"A couple of years ago we were all on the search for the 'event two-hour movie'," says Christina Jen-nings of the Toronto-based Shaftesbury Films, which produced the miniseries, Bloodletting and Miraculous Cures for HBO Canada.

"We've moved off event movies and we're now into event miniseries."

By "event" she means

marketing dramatic series as one-time only, special airings — something usually reserved for big sporting events or news.

nothing "event" like over-the-top effects, budgets and casts.

The eight-part The Pillars of the Earth' cost "way previous homegrown ventures, says Mon-treal producer Michael Prupas. The sprawling costume drama is set centuries back. The canadian press

# **Euphoric Enrique**

**○** Iglesias mines 'magical' moments for his first bilingual album **○** Why the Miamian is a Spaniard at heart — especially when it comes to soccer



Pop heartthrob Enrique Iglesias has just released his first bilingual album, Euphoria. Why is he so hap-py? It's all about the music, he tells Metro (though we're sure girlfriend Anna Kournikova has something to do with it, too).

#### Your last album was called Insomniac — this one is called Euphoria. We're quessing you're in a good place in your life right now?

I think I'm in a good place right now musically. On this album, I was able to find moments that were magical, moments where I felt extremely happy and they're hard to find! The more albums you make, the more difficult it is to find those moments. Sometimes you need a

"On this album, I was able to find moments that were magical, moments where I felt extremely happy and they're hard to find! ... That's why I named it Euphoria" ENRIQUE IGLESIAS

change, and I was able to do that on this album. That's why I named it Euphoria. There's a song in Spanish, Cuando Me Enamoro ... it gives you that adrenaline rush, it gave me goosebumps when I heard it the first time. I thought, "This is really special."

When I wrote I Like It— the first single—I had that feeling too. I felt like it was completely different from anything I have ever done.

#### **All about Enrique**

- He was born in Madrid on May 8, 1975, and then grew up in Miami.
- His father is music legend Julio Iglesias; his mother is Filippino journalist Isabel Preysler.

#### This is the first album where you sing in both Spanish and English. Is that a big deal for

you? Yes, it is. I needed it. I've been wanting to do it for five years, but I didn't feel comfortable doing it until

#### You were born in Madrid but grew up in Miami. Do you feel Spanish or American?

I feel Spanish, but I'm very Americanized. I don't speak perfect English, I don't speak perfect Spanish. I'm

- He released his first album, 1995's Enrique Iglesias was entirely in Spanish.
- His first album in English was Enrique in 1999.
- He has been dating former tennis ace Anna Kournikova for nine years. They live in Miami.

right in between. though, for the World Cup I'm Spanish 100 per cent. I dream in both ... and when I speak with my friends I constantly mix. I've been doing that forever.

You've worked with Usher, **Akon and Nicole** Scherzinger on this album. Is there anyone you still dream of working with?

Springsteen, Bruce Tom Petty and Billy



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# Anthony says new album is soundtrack to his life

est album, Iconos, one of his most satisfying, but the crooner acknowledges experiencing a roller-coaster of emotions while he was recording it.

"I felt the gravity of the responsibility ... and also in the studio I felt the insecurity, the absolute bliss, uncertainty, total satisfaction, fear," he recalled in a recent interview. "You invest all these years in this project. ... You go to the studio and you say, 'What do I have to offer? This song is perfect! Am I gonna fall short?' ... And then it's over, and wow."

The album was released in May. It includes covers of romantic classics by Mexicans Juan Gabriel and Jose Jose and Spaniard Jose Luis Perales, and Spanish ballads like El triste, Y como es el and Amada amante. Anthony listened to these songs as a kid growing up in New York City.



"I was raised with these songs that my parents listened to never realizing it was going to be the soundtrack of my life," he said.

THE ASSOCIATED PRESS



# Lohan hires part of O.J.'s "dream team

#### With celebrity lawyer Robert Shapiro at her side, charged actress moves into substance abuse facility.

to a substance abuse facility and signed legal papers hiring celebrity lawyer Robert Shapiro to represent her as she prepares to head to jail for violating probation in a 2007 drug case.

Shapiro, a key figure on O.J. Simpson's legal "dream team" in 1995, confirmed Lohan was staying at Pickford Lofts, a treatment centre Shapiro founded after his son died of a drug over-

Shapiro told The Associated Press on Friday he had agreed to represent Lohan

only if she does her jail time and complies with the terms of her probation.

He said he would help the actress get treatment to accomplish long-term recovery and sobriety.

"Ms Lohan is suffering from a disease that I am all too familiar with," said Shapiro, whose son Brent died in 2005. "Hopefully I can be of assistance.'

Lohan is scheduled to begin serving a 90-day sentence on Tuesday.

Shapiro has represented numerous celebrity clients. In representing Lohan, Shapiro is replacing attor-



ney Shawn Chapman Holley, another veteran of the Simpson trial in which the former football star was acquitted of the murders of his ex-wife Nicole and her friend Ronald Goldman.

Holley resigned after saying Lohan's sentence was harsh and unfair.

Shapiro filed papers in court signed by Lohan substituting him as her counsel. THE ASSOCIATED PRESS

#### Oksana teeth photos leaked



EVIDENCE? Photos have leaked allegedly showing Oksana

Grigorieva with chips in her front teeth from her altercation with Mel Gibson earlier this year, according to Radar Online

"Oksana lost a veneer and the right front tooth was severely chipped," a source tells the website

But Grigorieva's own dentist doubts the evidence, telling TMZ that the damage in the photo is not consistent with what would be caused by being punched in the mouth.

METRO WORLD NEWS

#### **Celebrity tweets**



Mayer 듣 [@johnc mayer] If I were a polit-

ical cartoonist I'd draw the busted oil pipe in the gulf with a giant busted oil pipe-shaped rubber bumper on it. Then I'd write something underneath like "BP announces fix.'



show tonight in the Bay....incredible crowd and

Samantha Ronson [Asamantharonson] Dear friends: If I don't follow you on twitter, please don't expect me to know what's going on in your

life. Email me METRO NEWS SERVICE

## **Bristol and Levy paid by Us**

Us Weekly reportedly put a lot on the line to get the cover story about Levi Johnston and Bristol Palin's engagement. The magazine paid the young couple \$100,000 for the exclusive interview and photo shoot, according to Page Six. Palin even gave a separate interview to People magazine. METRO WORLD NEWS



#### **Snipes' denied**

Wesley Snipes' appeal of his three-year prison sentence for tax evasion was denied late last week, according to TMZ, meaning the actor will be spending time behind bars. Snipes had challenged the 36 months of incarceration. He was found guilty of not paying income tax between 1999 and 2001. METRO WORLD NEWS

#### **Detained for cannabis... again**

DRUGS, Paris Hilton was reportedly detained by police for marijuana possession for the second time this month, this time at a private airport in Corsica, according to the AFP.

Authorities on seen found less than a gram of the drug and released her, according to the report.

Hilton took to Twitter to defend herself,

posting, "So sick of people making up rumors about me. The latest

one about me is completely false too. METRO WORLD NEWS











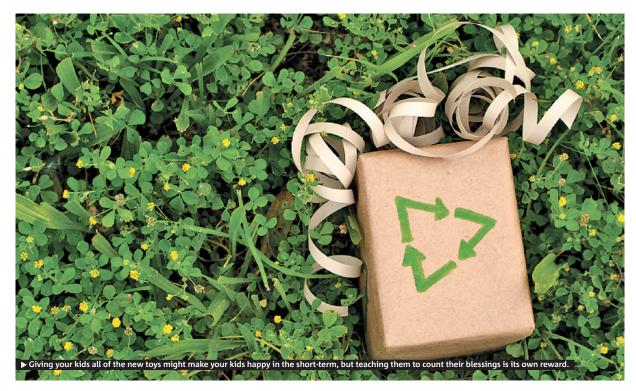
#### **Bedtime**



Running out of tricks to get an unwilling child to unwind before bed? Bedtime can be a challenging task for any parent, especially when trying to encourage a regular routine that signals it's time to tuck in for the night. Incorporating storytime into the evening routine is a helpful way for parents to engage kids and spend quiet, nurturing moments together with their children after a long NEWS CANADA



with their parents?



# Focus your kids on helping out others

► Kindness and generosity are traits that can be passed down from parents to child ► Too much of the world around us promotes an 'egocentric' attitude ► Action, learning, affirmation

Too much free time in the summer can bring out the self-centred side in the sweetest of children.

Suddenly whines of, "I'm bored" are coupled with an intense desire to satisfy their need for the latest video game or toy—no matter the cost. Instead of giving in and purchasing the toy du jour, use the summer to cultivate kindness in your children with these helpful hints from

Christian Children's Fund of Canada, an international development organization that helps children around the world:

Educate your child to think beyond their world. Clip news articles or photos that show what life is like for children their age in other countries. It will teach them to count their blessings and understand the needs that

exist. A website like ccfcanada.ca has a gift catalogue that allows children in Canada to look at a variety of practical items that are needed by children overseas, such as glasses or emergency food.

2Inspire your child to take action. It's easy for parents to make a donation and tell the kids about it, but making the child responsible for rais-

ing and collecting the donation is an important part of learning generosity. Ask your child if they think the child they are trying to help would appreciate a portion of their allowance or encourage them to look for neighbourhood jobs like pet-sitting, pulling weeds, or washing cars for donation money. You'll be surprised how doing a little work to raise funds for

someone in need will make your child's heart grow.

Affirm your child's efforts. As a parent, be enthusiastic, supportive, and encouraging, regardless of whether your child succeeds or fails in their goal. An egocentric attitude replaced by kindness and generosity is worth celebrating at any age.

NEWS CANADA

## Taking the perfect family holiday shot is a snap

You might think it would be strange to ask an international aid photographer about the best way to take those family holiday photos, but Philip Maher, communications director at Christian Children's Fund of Canada, has travelled to 80 countries in his lifetime while taking pictures in every conceivable environment.

Maher is a professional photographer and a father of two. He offers these simple tips to improve those summer vacation photographs:

Don't shoot into the light. This is the most common mistake of holiday photos. Ensure the source of light (usually the sun) is behind you.

2Hold the camera steady. With digital cameras, there is a tendency to hold the camera a foot from your eye. This blurs your images. For spectacular images, avoid noon-hour shots. You'll end up with ugly, harsh shadows. Use morning or late-afternoon light or avoid shadows altogether by taking pictures on overcast days.

Do you ever wonder what to focus on? It's the eyes. Don't worry about the rest of the face

Don't be afraid to rearrange your subjects.

Squish your kids' faces together or ask dad to place his arm around his daughter.

6 Take your family photos quickly. Kids can be squirmy and they hate it when mom or dad pull out the camera and take 10 minutes (an eternity in kid time) to set up and make the shot

Be patient and wait for action. Having the cam-

era at the ready captures those spectacular action images which your children will remember into adulthood. Isn't creating family memories the point of the entire exercise?

Remember to take lots of photos. Fortunately with digital cameras, you can snap and delete bad shots as opposed to spending a lot of money processing film.

NEWS CANADA



# Liven lunch boxes with a new PB&I

• A mix of two classics: French Toast and Peanut Butter and Jam sandwiches • Adds variety to standard items

#### Ingredients:

- 1 large egg 15 ml (1 tbsp) milk
- 1 ml (1/4 tsp) ground cinnamon
- Pinch salt
- 2 slices whole-wheat bread
- 30 ml (2 tbsp) peanut but-
- 15 ml (1 tbsp) fruit jam
- 15 ml (1 tbsp) butter
- Powdered sugar

The constant hunt for new and exciting lunches to pack for kids has led to some pretty creative experiments.The fried egg and cheddar on whole wheat was a flop. Cold sirloin and cold carbonara were hits. Your basic grilled cheese got a lukewarm reception. Even with the addition of ham. But peanut butter and pretzel sandwiches have become a standard item.

And that got me thinking about your basic peanut butter and jelly sandwich. If vou can grill a cheese sandwich, why not a PB&J? So I tried it with a bit of butter in the skillet and it was a huge hit, especially once I added a bit of cinnamon to the butter. Warm melty peanut butter and sweet jam. What's not to love?

Riffing on that was how I came up with this cross between a grilled peanut butter and jelly and french toast. I simply made a classic PB&J, soaked it in egg, then fried it on both sides. Add a sprinkle of powdered sugar and you have a little bit of heaven.

#### **Preparation:**

- In a wide, shallow bowl, whisk together egg, milk, cinnamon and salt
- Use bread, peanut butter and jam to make a

peanut butter and jam sandwich. Spread half of the neanut butter on each slice of bread. This helps the sandwich hold

- Soak sandwich in egg mixture for 2 minutes per side, pressing it gently with a fork to help it absorb egg.
- Heat a medium skillet over medium. Add butter. When butter has melted, add sandwich and fry for 2 minutes, or until the bottom is lightly browned. Use a spatula to flip sandwich, then cover the skillet and cook for another 2 minutes or until browned on the second side.
- Serve sprinkled with powdered sugar.

THE ASSOCIATED PRESS

## **Making breastfeeding a bit easier**

The cradle, the crossover, the football hold. They may sound like terms thrown around at the gym, but they are actually techniques moms can use to make feeding their newborn easier.

While practice and patience go a long way, some moms may experience a few unexpected feeding challenges in the beginning. Prenatal feeding prep can work won-

Here are a few things you can do before baby arrives for a smooth transition into the world of feeding your baby:

#### Find your 'breast' friend

Trained professionals can help with breastfeedtechniques. Speak with your doctor or a lactation consultant in advance and keep their contact information handy for any hurdles that may come along the way. Treat them like your breast friend - don't hesitate to ask for help.

#### Keep it cool

Did you know breast milk production in the beginning can sometimes be greater than baby's appetite? As a result, breasts may become sore and engorged. Have icepacks on hand to help alleviate the discomfort.

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# How to travel eco-gnito

● Going on vacation does not mean time off from the environment ● Many options for greener holidays

Want to be an eco-responsible tourist this summer? There are a lot of eco-labelled operators out there, but in the end it all comes down to your individual choices: who you chose to travel with, and how.

But don't despair, your eco-holiday need not be a chore. There's a wealth of tips and ideas on forums on the web. A good place to start your search is the The International Ecotourism Society (TIES). It is the world's oldest and largest ecotourism organization and celebrates its 20th birthday this year.

"We hope to provide information and educational opportunities for both businesses and individual trav-



ellers. Things like how you can travel more responsibly by sharing examples of best practices," says Ayako Ezaki, communication director at TIES.

The organization is U.S.-based, but their focus is international.

"The awareness of the importance of being more sustainable in tourism is spreading throughout, not just in eco-lodges and small business but also in hotels and larger chains. You can really see a change," says

Ezaki.

There are many local, regional and international eco-labels and accreditations out there. It's not easy to see the forest for the trees sometimes. "On the one side it is positive there are many tools for the travellers, but on the other it is a challenge. It creates confusion knowing what means what," says Ezaki.

An attempt to address this problem is the creation of The Global Sustainable Tourism Criteria sustainabletourismcriteria.org and the setting up of The Tourism Sustainability Council that will be launched this year.

But you get a long way with common sense and informed choices: "Regardless where and how far you are travelling, everything you do from choosing who to travel with, what to bring with you and taking from the destination gives you an opportunity to make a difference," says Ayoko.

#### **Queen of Green**

#### LINDSAY COULTER

SEND YOUR QUESTIONS TO QUEENOFGREEN@METRONEWS.CA. FOR MORE GREAT TIPS, VISIT THE DAVID SUZUKI FOUNDATION AT DAVIDSUZUKI.ORG



# ADD SOME BORAX TO CLEANING ARSENAL

QUESTION:
Green cleaning
recipes call for borax,
but when my father
was a pediatrician,
he recalls diagnosing
children with borax
poisoning. Is borax
safe?

Suzanne from Winnipeg, Manitoba

orax (sodium borate) is an alkaline mineral salt. It's a naturally occurring compound, but even things

from nature can be harmful. Not unlike conventional cleaning products, homemade or store-bought green cleaning solutions should be stored safely away from children and pets.

Borax is very effective, versatile, affordable, and eco-friendly compared to petroleum-based ingredients in conventional cleaning products. Handled with respect, borax is a great addition to your cleaning arsenal. Mix solutions in your kitchen, away from food, and clearly label your finished product.



"It was very easy to apply for the direct install program.

The contractors were great and replaced all the incandescent lights in the hotel with energy efficient CFLs. The staff has commented on the improved lighting quality. And it was free."

Wade Arnold, Super 8 Hotel, Truro

Wade Arnold knows success in business means watching the bottom-line. We were pleased to assist him with our **Powered Right** direct install program. Visit **nspower.ca/poweredright** for details on how your business can reduce their power bill and environmental impact.

energy everywhere."





# The best way to say 'So long, sucker!'

Parting ways? It won't be easy if human resources has its way.

These days, getting and quitting a job involves a roughly identical amount of corporate passage rites — from legalistic forms to fill out to statements to sign.

But perhaps no ritual is as arcane as the final threshold: the exit interview.

You, an HR rep and a voice recorder, reminiscing on the employee handbook-prescribed lives you shared.

A sacred fact-finding mission for some managers, but a perfunctory formality for others, exit interviews are — for Ask-TheHeadHunter.com author Nick Corcodilos — "the cockroaches of the HR world."

"They just survive," he says. "I really think companies do them out of sheer habit."

"If a company wants to find out what employees think, why don't you ask them while they're still working there?" he asks. "Why wait until they're leaving?"

Navigating an exit interview, like any goodbye, is a theatrical art — and while many a worker may relish the chance to discharge a few parting shots, career coach Hallie Crawford recommends bidding adieu with diplomatic understatement.

"Try to not single out any one person unless you are pressed to do so," she

"Keep things professional, not personal." She continues, "Consider what criticism is really worth bringing up."

Corcodilos' answer might be: None.

"Absolutely keep your mouth shut," he warns. "Anything you say can and will be used against you. It could hurt your references."

#### O DREW HINSHAW

# Making meetings fun again?

OK, so maybe not 'fun' but the experts agree — the better managed a meeting is, the better it is for you and your employees ◆ Here's how to keep them on track and maybe even (gasp!) interesting

DREW HINSHAW

Where do the days go? Scroll through your calendar and you might find that mammoth chunks of your nine-to-five are swallowed up by the corporate conference room, the conversation vortex where clocks melt and time crawls slithers by the speed of a PowerPoint.

More than a third of Americans recently polled consider meetings to be "a complete waste of time," according to a survey by California's Meeting Solutions, and you need not convene a roundtable to brainstorm why.

"If you're taking an hour-and-a-half to hold your meetings, then multiply that by 10 people in the room," executive coach Barbara Frankel says. "That's a great deal of time."

Career gurus note that meeting management is fundamental to office leadership — for executives, "it's one of the key skills," notes Dare Kurow, executive advisor.

Plus, if you play the clock right, you can salvage some semblance of efficiency from the ritual. Start with the pre-planned strategy of not handing



the conversation steering wheel to the diversion artists, brag-a-holics, and perpetual fault-finders who passive-aggressively sabotage the docket by subject-swapping, Frankel warns.

Focusing on post-meet-



#### Meeting tips

"The worse thing you can do is go in there and wing it," Kurow says. A pre-conference mass e-mail, she offers, can not only announce the agenda, but can fish out new ideas.

"Ask employees to bring at least one creative suggestion to the meeting," she says.

Frankel concurs, and adds that recruiting reticent colleagues into the huddle is the mark of impressive management. "If you're not enlisting and engaging everybody then people are checking out," she says. • METRO

#### Quoted:

"If you're taking an hour-and-a-half to hold your meetings, then multiply that by ten people in the room ... That's a great deal of time"

EXECUTIVE COACH

RABBARA FRANKEL.

ing "action items," she says, can keep heads from tilting towards the table. "Define what the goal is and the action that's going to be taken," she says. "Then define who's going to do it and what resources they need."

#### ADVERTISING FEATURE

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Police officers never have the same day twice. These law enforcement officers are the first line of defense for members of the community, whether it is assistance at the scene of a car crash or keeping the peace in confrontational situations or even just working the beat. The work of a police officer is wide-ranging, never boring and always with protection of the people at heart. One day you could be interviewing witnesses, the next you could be assisting on a warranted search. While there is still paper work to be done, a good deal of police work involves patrolling the streets, by foot, bike or car. The challenge of protecting citizens and defending the peace is a grueling and demanding task. Often, the presence of policing in a community helps to make a safer environment.

#### ${\bf Qualifications/A cademic\,Requirements}$

As you might expect, police officers need the proper training for emergency situations. That means First Aid, firearm safety and suicide intervention are just a few training courses you will need to be prepared as a law enforcement officer. You must be 19 years of age to be a police officer along with a high school and post-secondary diploma. Being physically fit is an important part of being a police officer. You never know when you may have to pursue an offender. Are you interested in working a high-paying job that benefits society? Maybe a job in law enforcement is right for you. Success College provides training to gain employment as municipal police officer, a profession with a beginning yearly salary of \$45,500 and can pay as much as \$70,000.

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#### MOTIVATING STUDENTS

#### SKYDIVING AND PIG KISSING, OH MY!

people are staring at ĥim.

Then the assistant principal principal remembers that in June he let a group of Power Middle School students shave his head with an electric razor and his hair's still growing back.

He had promised he would let them take the shears to his locks if they had fewer failing grades in 2010 than the previous year.

Every year, school administrators like Anderson make local headlines for silly stunts intended to motivate students.

Principals do everything from spending the day on the roof to kissing pigs to taking pies in the face to reward students for a job well done.

The antics really help "motivate and encourage," said Diane Cargile,

Sometimes it takes a outgoing president of minute for James Anderson to figure out why of Elementary School Principals, based Alexandria, Va.

"The (students) love it, and the parents love it," Cargile said. "They know you care about the children."

It's a popular tool that's not often discussed among professionals, said Anderson, who works in Farmington Hills, Mich.

"I go to principal conrigo to principal conferences every year and we've never once discussed this," he said.

Offering to shave his

head had an impact on the students and their grades, Anderson added. The number of F's dropped from 312 to 36, he said. "We used it as a motivating tool," he said. "If students had a test, the teachers would say, 'You've got to do well to meet Anderson's challenge." THE ASSOCIATED PRESS

# To 'school' or 'unschool'

There are a lot of choices out there for parents who decide to homeschool their children • Should you create a curriculum or not?

Janice Hedin's son was into model rockets, so she used that as a starting point for his home-school curriculum. Her daughter loved horses, and that became a focal point for her educa-

"She owned it," said Hedin of Maple Valley, Wash. "It was hers. I didn't have to force anything because she loved every minute of it."

Some home-school parents create their own curriculum for their kids.
"There should never be a
set curriculum," said
Hedin. "Every child is so unique. Our goal as parents is to custom design the education that fits our

daunting, there are many prepared curricula available for home schooling, as well as guides to what a child should know at each grade and age.

bookstores and through home-school groups.

ample, provides a free online guide detailing typical courses of study for stu-

Parents also must de-cide how they want to teach their children. There are different styles of home schooling, from a traditional, structured, school-type setting to "un-schooling," where the child sets the parameters for learning.

One popular form of home schooling is unit studies. "Basically, take something like trains, say, and it's amazing what you can learn," Hegener said. THE ASSOCIATED PRESS

children. For those who find that

Material is available online and in libraries, at support

The World Book, for exdents from pre-kinder-garten to 12th grade.

Do I want to create my own curriculum or use a prepared one? Do I even need a curriculum? Do I want to use a text-

ciding whether to

home-school?

book?

**How to start** 

Among the questions par-

ents should ask when de-

► How will I keep track of

Lauren Garber of Baldwin, Mo., looks over study aids

Garber home-schools her three kids.

my child's progress? The key is knowing your child, Hedin said. She urges parents to discover their children's interests, what excites them and what they want to learn. "Then together you begin to seek out resources and curriculum. You do it as a team," she said.

THE ASSOCIATED PRESS



#### Besoin de participants pour un projet : Formation et emploi pour immigrants francophones

Si vous êtes immigrants, sans emploi (ou sous-employé) et que vous n'êtes pas admissible à l'Assurance emploi, l'Université Sainte-Anne, Campus d'Halifax, présente un projet de formation offrant divers ateliers, dans le but de faciliter votre intégration au marché du

#### Ateliers offerts aux participants du 26 juillet au 3 décembre, 2010:

Des ateliers seront offerts gratuitement avant l'expérience de travail des participants retenus et viseront la préparation au marché du travail. Les ateliers d'une durée totale de 18 semaines incluront:

- Le développement du CV La lettre de présentation La préparation à l'entrevue
- La recherche d'emploi Introduction à l'informatique Français écrit au travail
- Anglais au travail Sécurité au travail

#### Expérience de travail rémunérée du 6 décembre, 2010 au 4 mars, 2011:

Une expérience en milieu de travail bilingue ou en anglais, rémunérée, d'une durée de 12 semaines. Noter que les expériences de travail vont dépendre des besoins des participants et de la disponibilité des employeurs.

#### Pour information:

Prière de communiquer avec la coordonatrice du projet. Elle se fera un plaisir de vous donner plus d'informations à ce sujet.

Sonia Losier, Coordonatrice du projet Université Sainte-Anne, Campus Halifax 1589, rue Walnut, Halifax, N.-É., B3H 3S1











Canada - Nouvelle-Écosse relative au marché du travail



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#### Prepare for the road ahead.

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# Series leader wins Honda Indy

Will Power avoided trouble in a race filled with collisions to win the Honda Indy Toronto. The 29-year-old Aus-

The 29-year-old Australian finished one spot ahead of defending race champion Dario Franchitti. It was the fourth win of the season for Power, who arrived in Canada as the IZOD IndyCar Series leader.

IndyCar Series leader.
Canadians Paul Tracy
and Alex Tagliani finished
13th and 17th, respectively.
Six drivers were forced

out of the race by contact in the temporary street course on the grounds of Exhibition Place. Justin Wilson began the

Justin Wilson began the race from the pole position after a stellar display in qualifying on Saturday. The 31-year-old Englishman set a series track record with his fast lap of one minute 0.2710 seconds, but spun out with barely a dozen laps remaining yesterday and finished in seventh.

A handful of drivers had

struggled with the demanding track. Tracy spun out at Turn 11 during his final qualifying run, which left him starting yesterday's race from the second-last row in the grid.

The 41-year-old from Toronto made a series of passes in the early moments, and found himself in the lead before the 20th lap. Tracy delayed his first pit, and delighted the local fans by holding the lead for 14 laps. THE CANADIAN PRESS





#### **News in brief**



Yankee Andy
Pettitte strained
his groin.

Tommy Gainey is the Nationwide Tour's first two-time winner this season.

Chelsea's manager says Ashley Cole will remain at the club for the forthcoming season.

THE ASSOCIATED PRESS



# Relative unknown makes it look easy

#### On Nelson Mandela's birthday, Louis Oosthuizen becomes fourth South African to win British Open

Hardly anyone knew Louis Oosthuizen, much less how to pronounce his name. Not many will forget the performance he delivered at the home of golf to capture the British Open.

A week after the World Cup ended, South Africa had more reason to celebrate yesterday, this from a most unlikely source. Oosthuizen, a 27-year-old who had only made one cut in his previous eight majors, blew away the field at St. Andrews for a victory that looked as easy as when Tiger Woods first won here a decade ago.

Oosthuizen made only two bogeys over the final 35 holes in a strong wind that swept across the Old

He led over the final 48 holes and closed with a 1-under 71 for a seven-shot

victory over Lee Westwood of England.

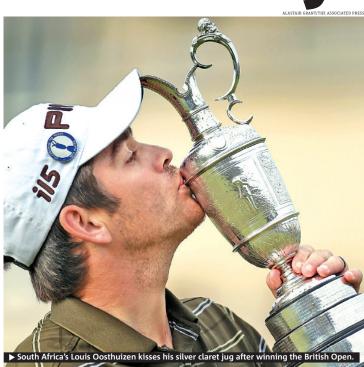
For all the craze about those vuvuzelas, the sweetest sound for Oosthuizen turned out to be the skirl of a bagpipe.

Oosthuizen could not think of a more special venue to capture his first major. He just had no idea it would be this easy.

He never let anyone get within three shots of him in the final round, and he answered that brief challenge from Paul Casey by knocking in a 50-foot eagle putt on the par-4 ninth green to restore his cushion.

Casey's hopes ended with a triple bogey into the gorse three holes later, and Oosthuizen spent the final hour soaking up an atmosphere unlike any other in golf.

THE ASSOCIATED PRESS



## **Burnett says sorry for tantrum**

A.J. Burnett said he apologized to his New York Yankees teammates yesterday for a clubhouse fit that left him with cuts on both hands.

Sporting a bandage on each palm, Burnett said he had no trouble playing long toss and the lacerations don't affect his ability to grip the ball. He expects to take his next turn in the rotation Friday night against Kansas City.

Frustrated after two innings of an ineffective outing against Tampa Bay, Burnett slammed open a set of double doors Saturday, slicing both palms on the plastic lineup-card holders fastened to the entry.

The right-hander returned to the mound in the third, but was lifted after facing two more batters and giving up his fourth run of the game.

THE ASSOCIATED PRESS



#### Sports in brief

## Tour leader retains lead

CYCLING. Christophe Riblon took the first Pyrenees stage of the Tour de France yesterday, leading the field from the first few kilometres to a solo victory high in the mountains. Andy Schleck held on to the leader's yellow jersey in a stage that failed to separate the major contenders.

THE ASSOCIATED PRESS

## Astros starter leaves game

BASEBALL. Houston Astros ace Roy Oswalt left yesterday's game against the Pittsburgh Pirates after four innings due to a left ankle contusion. Oswalt was struck in the foot by a ground ball by Pedro Alvarez in the second inning. THE ASSOCIATED PRESS

#### It's a 38 Special for Nova Scotia

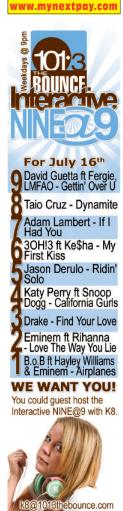
Nova Scotia wrapped up the Canadian Special Olympics in London, Ont., on the weekend with 38 medals

Leading the way were triple-medallists John Andrew MacPherson of Antigonish (athletics), Jamie Belong of Liverpool (athletics), Sarah MacDonald of Sackville (aquatics), and Matthew Hunter of Truro (aquatics).

Nova Ŝcotia's 69-member team totalled 12 gold, 12 silver and 14 bronze.

METRO HALIFAX

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## **Paddlers inch closer to worlds**

A number of Nova Scotians have made strong pushes for spots at next month's world sprint canoe-kayak championships.

Dartmouth's Andrew Russell, Halifax's Richard Dalton, Windsor's Ryan Cochrane, Waverley's Connor Taras and Middle Sackville's Jillian D'Alessio all posted wins at the final set of national team trials in Montreal on the weekThe national team roster will be announced this afternoon.

Russell and C-2 partner Gabriel Beauchesne-Sevigny of Trois-Rivieres, Que., won a pivotal 1,000-metre race over Dalton and Andrew's younger brother, Ben.

Dalton, meanwhile, raced to victory in the C-1 200, while Cochrane, who paddles out of Ottawa now, and partner Hughes Fournel of Dorval, Que.,

beat two-time Olympians Andrew Willows and Richard Dober Jr. in the K-2 200.

Taras was part of the crew that won the K-4 1,000, while D'Alessio took the K-2 500 with Kathleen Fraser of Mississauga, Ont.

Worlds, which were held last year on Lake Banook in Dartmouth, run from Aug. 19 to 22 in Poznan, Poland.

METRO HALIFAX



# Future basketball stars get trounced

Tournament offers provincial
U-18 squad taste of next level
Top prospect scores 23 in loss



Tyler Scott and Nova Scotia's under-18 boys basketball team got a sneak peek yesterday at the challenge they'll face at the next level.

The provincial team went up against a star-studded squad of current and former Atlantic University Sport all-stars in the championship game in Bluenose Classic action at the Tower and came up well short in a 105-72 loss.

But Scott, who just finished Grade 12 at Halifax West and is one of the top players in his age group, showed he could compete, dropping a team-high 23 points.

"I loved it," said Scott, a six-foot-three guard who will head in August to Lee "Tyler Scott is one of the best Grade 12 players in Canada. He's been heavily recruited and he had a good weekend for us."

NICK JORDAN,

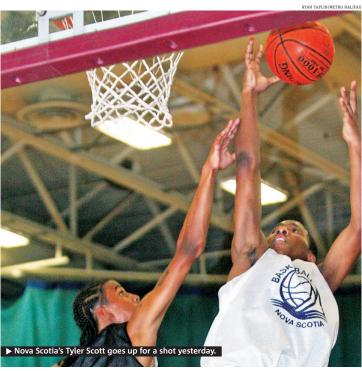
NOVA SCOTIA HEAD COACH

Academy prep school in Maine. "I tried, I gave my full effort, and we just came up short."

With opponents as many as five years their senior, the game served as a good learning experience for players as they head off to college and university.

"It's amazing how playing against that calibre of opponents bring out your strengths and weaknesses," said head coach Nick Jordan.

"These guys have an idea of the bigger picture now."



### P.E.I. driver wins IWK 250

Kent Vincent of Crapaud, P.E.I., won Saturday's IWK 250 at Riverside Speedway near Antigonish.

Vincent bested the 31-driver field in his Vector Aerospace/H&P Glover Dodge Charger, edging out last year's winner, Wayne Smith of Timberlea, and third-place finisher and halfway leader Shawn Tucker of Fredericton, N.B.

NASCAR Sprint Cup driver Marcus Ambrose fin\$10,000 Kent Vincent's cash reward for winning the IWK 250, among almost \$120,000 that was up for grabs.

ished 19th.

Carquest Pro Stock Tour points leader Shawn Turple of Enfield placed sixth

The tour gears back up this Saturday in Geary, N.B.



#### **Sports in brief**

#### U-18s finish fourth at Canada Cup

FOOTBALL. Nova Scotia finished fourth at the under-18 Football Canada Cup in Wolfville following a 38-3 loss to British Columbia on Saturday. Receiver Duncan Coady and defensive lineman Jason LeBlanc were named tournament all-

#### Canadians beat Kentville, move to 10-3

SOCCER. The first-place Halifax Pelham Molson Canadians dumped the host Kentville Wildcats 11-5 in Nova Scotia Senior Baseball League action last night

Halifax is 10-3.

METRO HALIFAX

#### Crossword

#### Across

- 1 Take a chair
- 4 Recede 7 Employer
- 11 Handle
- 13 Romanian curren-

15

18

33

37

41

50

56

29 28

130

- cy 14 Troop group

- 15 Beige
- 16 Distant 17 Alluring
- 18 Egg-beating tool
- 20 "Phooey!"
- 22 -tac-toe
- 24 Texas city 28 Ennui
- 32 Ship's lowest
- deck
- 33 Addict 34 Satchel
- 36 Hardy cabbage 37 Loose
- 39 Ordered more
- magazines 41 Shocking
- 43 Meadow
- 44 Soon, in verse
- 46 Old anesthetic
- 50 Unkempt one
- 53 Court
- 55 Leak slowly 56 KFC flavoUr en-
- 57 To the degree 58 Standard
- 59 Bygone times
- 60 "Of course" 61 Salary
- Down
- 1 Distort the facts 2 Foot fraction
- 3 Ms. Spelling of re-
- ality TV
- 4 Sprite
- 5 Rosary component 6 Pack animal
- 7 Deadpan star of silent comedies

- 59 8 Inseparable 9 Half dozen
- 10 Pigs' home 12 Swimming champ
- who played Tarzan
- 19 Tease 21 Fuss
- 23 Corn on the
- 25 Deli salad 26 Unrivaled
- 27 Mimicked 28 Obama predeces-
- 29 Norway's capital
- 30 Caboose's position
- 31 Scratch

- 35 Hair goo
  - 38 Family
  - 42 Fabric softener

13

16

23

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➤ Yesterday's answer

25 26

47 48 49

21

32

40

46

24

35

43

54

12

22

44

- 45 Memo
- 47 Barrel part
- 48 Pound of poetry
- 49 "Ratatouille" rat
- 50 Bashful 51 Zodiac sign
- 52 Bobby of hockey 54 Surprise cries

#### Sudoku

			_					
			2				1	9
6	4				9			
2				8			7	4
	8			6		3		
3								5
		9		5			2	
5	3			7				2
			1				4	6
1	7				4			

#### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

7	3	4	1	6	2	5	9	8
8	2	5	3	4	9	7	1	6
1	6	9	5	7	8	2	3	4
9	7	2	4	8	1	6	5	3
5	4	1	6	2	3	9	8	7
3	8	6	9	5	7	1	4	2
6	9	8	7	3	5	4	2	1
4	5	3	2	1	6	8	7	9
2	1	7	8	9	4	3	6	5

Today

Partly cloudy 28°/17°

# Send a

Show some love! Send a note to somebody special at kiss@metronews.ca

Happy 25th day Piggy! Love always and forever. PARVEEN

I haven't ever been this happy until I met you. You complete me and make everyday a blessing. I don't know where I would be if I didn't message you back that day. You are everything I've ever wanted. I love you with each and every breath.

#### LOVE BASHIE

"HeaVrt". Mine will always have you in it. When isn't iiitttttttt!?!? Be patient. Please

#### DRAMAR

Happy 19 months Mariam! I never like to say never but I never get tired of kissing you. I'll never give up on you because you always keep me high up there like it never ends. DAVE B

Wednesday

25°/16°

CHRIS PIZZELLO/THE ASSOCIATED PRES

### Today's horoscope

#### T Aries March 21-April 20 This is a great week for a clear out, a great week for removing all the junk from your life - and there's plenty of it. The more

space you create the better.

#### ¥ Taurus April 23-May 21 You seem to be worrying about something that is of little consequence and it is beginning to affect your performance in other areas. Look at yourself in the mirror and repeat "It does-

n't matter" a dozen times.

#### II Gemini May 22-June 21 Act as if you have no doubts at all. Act as if you know you are going to succeed. When others see your confident air they will go out of their way to assist you and together you will make things happen.

#### Gancer June 22-July 22 It's

okay to be assertive, but don't go too far. In the short-term you may succeed in forcing people to do your bidding but in the long-term the dictatorial approach is sure to backfire.

#### Ω Leo July 23-Aug.23 Everyis against you if one or two quite minor things go wrong today. On Thursday former events will make perfect sense.

medicine, so stop shedding tears about things that have already happened and find reasons to smile — there are plenty of them if you care to

#### thing happens for a reason, so don't start thinking the world

MP Virgo Aug. 24- Sept. 22 Laughter is always the best

## expanded horoscopes, go to metronews.ca

For today's crossword answers and for

#### ← Libra Sept. 23-Oct. 23 Laughter is always the best medicine, so stop shedding tears about things that have already happened and find reasons to smile—– there are plenty of them if you care to look.

M Scorpio Oct. 24-Nov. 22 YOU must be patient. You must give what you have started time to develop and mature. If you try to rush things over the next few days you will only succeed in slowing them down.

#### 

Nov. 23-Dec. 21 Everyone can see from the look on your face what you think about the current situation, so don't bother trying to hide your feelings. You are a Sagittarius. You are supposed to be outspoken.

#### り Capricorn Dec. 22-Jan. 20

Stop lamenting what might have been and start looking forward to new opportunities that even now are heading in vour direction. Wednesday heralds their imminent arrival.

#### Aquarius Jan. 21-Feb. 18 Get out of the house or the office and do something that makes you feel alive. Once you are on the move your mood will change for the better.

#### ⊢ Pisces Feb. 19-March 20

There is no point worrying about what other people are saying. You cannot change their attitudes, nor should you want to. Focus on what is meaningful to you and ignore the gossips and cynics. SALLY BROMPTON



Tuesday

27° / 18°

#### You write it! Write a funny

caption for the image to the right and send it to

plav@metronews.ca the winning caption will be published in tomorrow's Metro.



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